



# RES HOME CARE NEWSLETTER



WEDNESDAY  
01/01/2025



## RES HOME CARE WELCOMES 2025!

As we step into 2025 with open arms, RES Home Care extends heartfelt gratitude to our dedicated employees, valued clients, and unwavering supporters. We wish everyone a joyful New Year and eagerly anticipate a year filled with celebration and enhanced services as we proudly commemorate our 25th anniversary of serving the wonderful communities of Nassau and Suffolk counties.

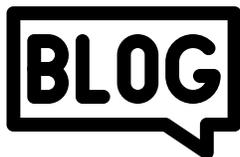
### The top trends of this Quarter

1. RES Home Care welcomes 2025
2. Celebrating 25 Years of Service Congressional Award Recipient
3. Home Care Corner Aging-At-Home Program
4. Community Hub
5. The Social Spotlight

## CELEBRATING 25 YEARS OF SERVICE

For 25 years, RES Home Care has supported the Nassau and Suffolk communities, helping improve the quality of life for those we serve. We have grown and changed to offer a wide range of services that meet our client's needs. Our services include home care services, community services, and community center day programs, all aimed at empowering individuals to seek the help they need.

We have seen how our support transforms lives. Providing clients with tools and knowledge, we help them lead more independent lives. We stay connected with the community so our clients receive care and feel part of a supportive network that values their dignity and independence. As we celebrate this milestone, we are excited to continue our mission of making a positive difference in the lives of those we serve.



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01/01/2025

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**NEWSLETTER**



**RES HOME CARE RECEIVES CONGRESSIONAL AWARD**



We are delighted to share the exciting news that RES Home Care has been honored with the Congressional Award from Congressman Andrew Garbarino, recognizing our 25 years of dedicated service to the communities of Nassau and Suffolk. This milestone celebrates our longstanding commitment to providing exceptional care and highlights our profound impact on the lives of those we serve. The entire RES Home Care team feels immense pride and accomplishment in receiving this prestigious award, a testament to our unwavering dedication and passion for home care services.

In addition to this remarkable achievement, we are thrilled to announce that our CEO, Dr. Joseph Vollaro, has received the prestigious Lifetime Achievement Award from Islip Councilman James O'Connor and Hempstead Councilwoman Christine Lui. This recognition underscores Dr. Vollaro's invaluable contributions to the home care field and his tireless efforts to elevate the standards of care for our employees and clients. His visionary leadership has transformed RES Home Care into a trusted provider, creating a positive and nurturing environment for our entire team. We celebrate these achievements with gratitude and excitement, looking forward to continuing our mission of delivering compassionate care to our communities for many more years.



Councilman James O'Connor and Councilwoman Christine Lui presented the Women of Distinction Awards to Jodi Repperger (left), President of RES Home Care, and Staci Herbst (right), Senior Vice President.

Jodi Repperger has dedicated 19 years to the company, while Staci Herbst has served for 17 years. Both women have played vital roles in the expansion and development of RES Home Care. CEO Dr. Joseph Vollaro thanked them for their loyalty, dedication, and outstanding contributions to the RES Home Care organization.



**Celebrating  
25 Years of Service**



WEDNESDAY  
01/01/2025

RES HOME CARE  
**NEWSLETTER**



*Home Care Corner*

What a busy year for the home care department at RES Home Care! We are excited to share this new quarterly newsletter with you and hope you find it informative. Our team is dedicated to working with participants on their goals, making daily life easier. As RES celebrates its 25th anniversary, we want to thank our wonderful participants—you are the reason for our success. Your care and long-term goals are always in focus, and we aim to provide peace of mind to you and your loved ones. We would like to recognize some exceptional staff members who have dedicated many years to our Home Care department:

- Ms. Julette Baugh- 10 years of service
- Ms. Marie Narcisse - 8 years of service
- Ms. Martine Registe - 8 years of service
- Mr. Darrian James - 8 years of service
- Ms. Iesha McKnight - 7 years of service
- Ms. Maria Almeida - 5 years of service
- Ms. Vida Asenso - 5 years of service
- Ms. Rosemonde Fleurelien - 5 years of service
- Ms. Molina Porcena - 5 years of service

- Ms. Dolores Jones- 9 years of service
- Ms. Cherie Charles - 8 years of service
- Ms. Anastasia Jean-Pierre - 8 years of service
- Ms. Emelia Ohenewa - 7 years of service
- Ms. Ashley Wagner - 6 years of service
- Mr. Issac Anim - 5 years of service
- Ms. Carrine Carroll - 5 years of service
- Ms. Claudite Joseph - 5 years of service

We look forward to celebrating more employees in the future! Each staff member and participant is vital to us, and we hope the next 25 years bring even more remarkable achievements!

**AGING-AT-HOME PROGRAM**

Introducing "Aging-At-Home," a transformative program from RES Home Care designed to support private-pay customers in accessing free home care services if they qualify. Our dedicated service coordinators are here to help you navigate valuable resources aimed at saving you money while ensuring you receive the long-term care you deserve.

You're not alone in this journey, with options available to fund day programs, home care services, case management, and more. Take advantage of the opportunity to have a free consultation with our aging-at-home specialist, **Wendy Khan. Call (516) 875-7555** today and take the first step towards a more secure and fulfilling future at home!

[www.reshomecareli.com/aging-at-home](http://www.reshomecareli.com/aging-at-home)

**Aging-At-Home Program**  
[www.reshomecareli.com/aging-at-home](http://www.reshomecareli.com/aging-at-home)  
**TEL: (516) 875-7555**

Discover the benefits of our Aging at Home Program, where our dedicated specialists will guide and assist you in navigating long-term care options, helping you save money while maintaining your independence and comfort at home.

**4 HRS FREE- HOME CARE SERVICES**

**For more Information Call (516) 875-7555 or (631) 732-4794 Ext 130**



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# NEWSLETTER

WEDNESDAY  
01/01/2025

## Community Hub

### How does Traumatic Brain Injury Affect Social Behavior?

Traumatic brain injuries (TBIs) significantly affect an individual's social behavior, altering interactions and relationships. The brain's networks for emotional regulation and social understanding can be disrupted, leading to changes in personality, such as increased irritability, mood swings, and apathy. These emotional shifts can hinder social engagement, as individuals may struggle to interpret cues or respond to others. Cognitive difficulties related to TBIs, such as challenges with attention and memory, can further complicate interactions. People often find it hard to follow conversations or remember critical details, leading to frustration and social isolation. The stigma surrounding brain injuries can strain relationships, as friends and family may not understand the changes taking place. Fortunately, interventions like cognitive-behavioral therapy and social skills training can help individuals with TBIs navigate their social environments more effectively. These therapies enhance communication and understanding by addressing behavior's cognitive and emotional aspects, facilitating reintegration into social circles. Recognizing and addressing the social consequences of TBIs is crucial for improving the quality of life for affected individuals and fostering supportive relationships within their communities. Contact RES Community Services at (631) 732-4794 Ext 133.

### How can Home-Based Community Service Program benefit Seniors?

Home-based community service programs can significantly benefit seniors living at home in various ways. Here are some of the key advantages:

- Companionship
- Health Monitoring
- Technology & Support
- Educational Resources
- \* Transportation Services
- \* Household Assistance
- \* Caregiver Support
- \* Access to community Resources
- \* Personal Care & Assistance
- \* Meal Preparation & Nutrition
- \* Engagement in Activities

**Start the New Year off by joining  
RES Community Day Program.  
Non-members get a free 3-day Pass**

**GET YOUR  
3 - DAY  
COMPLIMENTARY PASS**



**Call Chris Danowski for  
more information:  
(631) 732-4794 Ext 104**



1461 Lakeland Avenue Ste 12, Bohemia, NY 11716  
Website: [www.reshomecareli.com/communitiy-center](http://www.reshomecareli.com/communitiy-center)

**Find out if you qualify for the RES  
Community Day Program at no  
cost—it's a fantastic opportunity  
you do not want to miss!  
Tel: (516) 875-7555**

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Learn more about our programs and get  
valuable tips and information.  
[www.reshomecareli.com/blog-subscription](http://www.reshomecareli.com/blog-subscription)**

## Community Hub

### Meet Carter Morrison

#### Member of RES Community Center- Day Program

Carter has made incredible strides in his journey, proving that traumatic brain injury and other disabilities do not define his life. His commitment to growth is evident as he has significantly improved his behavior, particularly in managing frustrations with remarkable skill. Carter has also transformed his ability to communicate socially and therapeutically, by engaging in self-reflection that speaks to his progress. He truly exemplifies the essence of "Not Quitting."

Carter's dedication has led him to secure a job, and he now proudly works every weekend. The team at RES Home Care, especially those who have supported Carter over the years, is filled with pride for his perseverance and strong work ethic. He has made wise choices, facilitating his journey toward greater independence and self-sufficiency. Carter is a shining example of success at RES Home Care, inspiring everyone around him.

### The RES Community Center Day Program is starting the new year with exciting programs.

Brain Teasers, Board Games, Cognitive Rehabilitation, Books and Movie Clubs, Charade, Creative Writing, Pet Therapy, Speciality Class such as "Hola RES" (Learn Spanish), Special Events like Cheese Tasting & more.

## RES COMMUNITY CENTER SILVER PROGRAM

Engaging Day Program Tailored for Seniors



**Enroll now!**

**Call: (516) 875-7555 or (631) 732-4794 Ext 104**

RES Community Center: 1461 Lakeland Ave, Suite 12, Bohemia, NY 11716

[www.reshomecareli.com/community-center](http://www.reshomecareli.com/community-center)

**Exciting day programs designed specifically for seniors.**

**Joining the RES Community Center's day program can provide seniors with essential social engagement, access to stimulating activities, and supportive resources, enhancing their overall well-being and quality of life.**

**Start the New Year on a high note by joining the RES Community Day Program!  
Take advantage of our special offer: a complimentary 3-day pass for non-members!  
This is your perfect chance to dive into all the fantastic experiences we provide! Don't miss out!**

**WEDNESDAY**  
**01/01/2025**

*Community Hub*

**2024 RES Home Care Annual Holiday Party**  
**Location: Windows on the Lake, Ronkonkoma NY on 12/13/2024**

RES Home Care wrapped up 2024 with a wonderful celebration that brought joy to everyone involved. Employees, participants from the RES Community Center Day program, Home Care clients, and valued RES Home Care partners all came together for this festive event. Each participant from the RES Community Center Day program, as well as our seniors and clients, received a thoughtful gift from our beloved Santa.

The enchanting atmosphere at Windows on the Lake in Ronkonkoma, NY, provided the perfect backdrop for this memorable gathering.



Explore our gallery to discover more captivating images at [www.reshomecareli.com/gallery](http://www.reshomecareli.com/gallery)

Enrolling in the RES Community Center's day program offers seniors critical opportunities for social engagement, access to intellectually stimulating activities, and essential support resources, thereby enhancing their overall well-being and improving their quality of life.

**Kick off the New Year with an exciting opportunity to join the RES Community Day Program!**  
**Take advantage of our exclusive offer: a FREE 3-day pass for non-members!**

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## THE SOCIAL SPOTLIGHT

### Fun Connection: Trivia Questions

1. Which American musician is known as “The King of Rock and Roll” and rose to fame in the 1950s?
2. Who was the first man to walk on the moon in 1969?
3. Who was known as the “queen of Soul” and sang the hit song “Respect”?
4. In which year did World War II begin?
5. What country is the home to the Kangaroo?
6. Who played the lead role in the 1963 film “Cleopatra”?
7. Who released the hit song “Good Vibrations” in 1966?
8. Which fast food restaurant’s commercial asked, “Where’s the beef?”
9. Who delivered the famous “I Have a Dream” speech in 1963?
10. Who beat the Babe Ruth’s home run record in 1974?

### Quote:

“Know that you are the perfect age. Each year is unique and precious, for you shall only live once.  
Be comfortable with growing older.” ~Louise Hay



### RES HOME CARE CLIENT- LISA MANGANARO

*We sincerely thank Lisa Manganaro for trusting RES Home Care for over 21 years. Her journey, which includes Home and Community Support, Independent living Skill Training, Positive Behavioral Intervention and Support, and in-home care services, showcases her resilience. Additionally, it has inspired her peers at the RES Community Center Day Program to affectionately nickname her the "Mayor of RES" due to her unwavering warmth and friendliness towards newcomers. This reminds us of the profound impact we have collectively had in enabling Lisa to thrive independently in her own home.*

**Thank you, Lisa, from the entire team at RES Home Care, for allowing us to be a part of your journey.**

### Trivia Answers

1. Elvis Presley   2. Neil Armstrong   3. Aretha Franklin   4. 1939   5. Australia  
6. Elizabeth Taylor   7. The Beach Boys   8. Wendy’s   9. Martin Luther King   10. Hank Aaron